

A Trip to Bavaria

James MacGregor-Brown
Scottish Country Dance Instructions

Formation: 4 Couple longwise Set
Music: Reel 4 x 32 bars

- 1-2** 1s and 4s Cross right-hands, while 2s+3s dance ½ RH Across halfway (ie ½ ‘RH Star’),
- 3-4** 1s+3s and 2s+4s Change places LH on sides, finishing 3s1s4s2s, all on opposite sides;
- 5-8** repeat bars 1-4 from new places, *those in 1st place dancing as 1s and so on*, finishing 4s3s2s1s;
- 9-16** repeat bars 1-8 from new places, *those in 1st place dancing as 1s and so on*, finishing in original places, 1s facing down, 2s, 3s and 4s facing up;
- 17-18** 1M+2M & 1L+2L Set,
- 19-20** 1s Cross diagonally down to face 3s,
- 21-22** 1L+3M & 1M+3L Set,
- 23-24** 1s Cross diagonally down to face 4s;
- 25-26** 1M+4M & 1L+4L Set,
- 27-28** 1s Cross diagonally down to 4th place;
- 29-32** 2s+3s+4s Advance and Retire, while 1s change places RH (*or ‘birl’*) retiring to own sides, finishing 2s3s4s1s.

(MAXICRIB, Scottish country dancing instructions compiled by Reuben Freemantle)

Dance Notes

- 1-16** Beware of going too far in the right hands across halfway; pull the left shoulder back slightly at the end to face up if now in 2nd place, down if now in 3rd place. Note that 2nd couple must progress all the way to 4th place before returning to 1st place and then back to 2nd place; similarly, 3rd couple must progress all the way to 1st place before returning to 4th place and then back to 3rd place.
- 19-20** 1s should take right hands while crossing down.
- 23-24** 1s should take left hands while crossing down.
- 27-28** 1s should take right hands while crossing down.
- 29-32** The first step of the advance should be long so that the 1s can more easily turn both hands; the first step of the retire should be short so that the 1s can more easily join in.

Keith Rose's Crib Diagrams

