## Lucian's Waltz

By Brian Lithgow, circa 1984 in collaboration with Lucy Stockdale

Category: Easy, Couples Dance, Progressive.	
<b>Formation :</b> Big circle of Couples around the hall.	
<b>Music :</b> 32 bar Waltz, @ ~52 bpm	
Introduction: Honour Partner,	(4b)
Taking inside hands, facing L.O.D, and starting on outside foot, dance Forward for 4 waltz steps, finish facing partner,	(4b)
With 2-hand open hold, take 2 Side Steps along L.O.D, and 2 Side Steps back,	(4b)
Maintaining a wide 2-hand open hold with partner, <b>Turn Once</b> around with partner, with 4 forward waltz steps,	(4b)
Slow Balances, and Cast:  While still keeping 2 hand open hold, Step onto right foot and swing left foot through (while rising on the right foot) (1 bar), and back, stepping onto left foot and then right foot (1 bar), Repeat to the left – Step left, swing right, and back right, left (2 bar), Repeat to the right – Step right, swing left, and back left, right (2 Both Cast Out anti-clockwise, leading with the left shoulder, to a new p (Ladies progressing along L.O.D., Gents against L.O.D.), (2 bars),	bars),
Taking a wide 2-hand open hold, <b>Turn</b> new partner <b>Once</b> around, with 4 forward waltz steps,	(4b)
Opening out to face along L.O.D, and holding inside hands, waltz <b>Balance apart and back, twice,</b>	(4b)
Take ballroom hold, and Waltz On,	(4b)

Repeat as often as desired.